

Polish Psychologists' Association

Nr ref. EN61512020

**AN OPEN LETTER
REGARDING THE INPUTTING OF MISINFORMATION
ABOUT THE LGBT+ COMMUNITY**

Polish Psychologists' Association as an organization of psychologists of various specialties - people of different views and attitudes regarding the growing disinformation about the LGBT+ environment - **wants to clearly oppose the escalation of hostility to another human being and the spreading of misinformation.**

We appeal above all to politicians, regardless of their party affiliation and different point of views, to representatives of all environments and to every human being, **for humanity and social sensitivity, and for taking decisive action in response to real human harm.**

Belonging to certain groups is often pre-determined for example based on innate traits such as sexual orientation, gender, skin colour and it is not their choice, it is not religious or political worldviews, and certainly not an ideology.

As the Polish Psychologists' Association, we would like to draw the line between ideology, which means the system of values and goals, and the LGBT+ community demanding the recognition of fundamental human rights.

We would like to remind that sexual orientation is not a mental disorder or a mental disease and is not in itself a basis for the appearance of mental disorders. Besides, based on scientific research, homosexuality was removed from the list of mental diseases and disorders:

- in 1973 from the classification of the American Psychiatric Association (DSM),
- in 1992, the WHO International Classification of Mental Diseases and Disorders (ICD-10).

The ethics of the profession of psychologist includes taking care of the well-being and mental health of all people, which is why the Polish Psychologists' Association does not agree to any manifestations of discrimination and limitation of basic human rights. **We do not accept any verbal or written attacks on any social group.**

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