



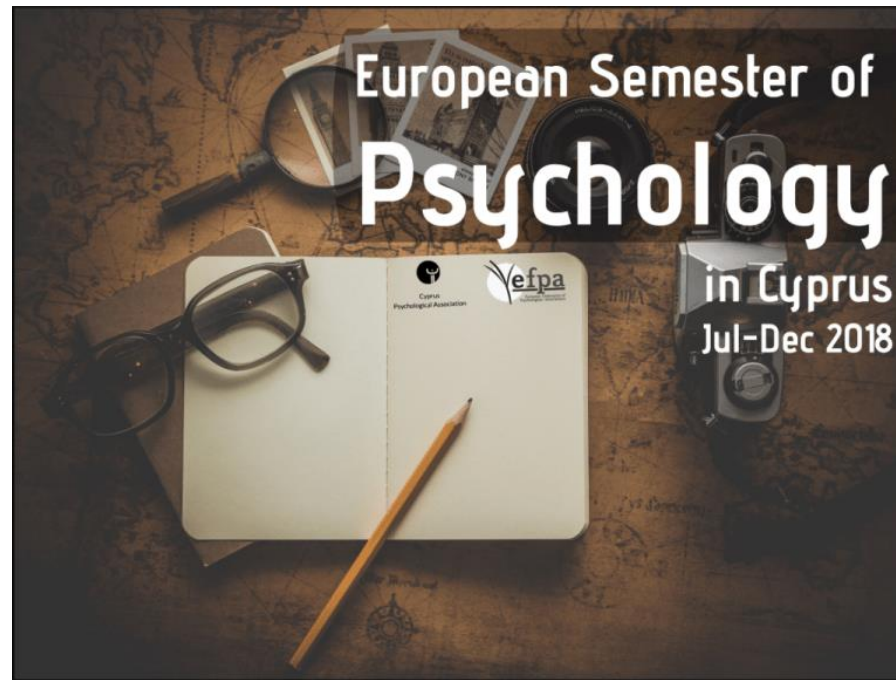
Σύνδεσμος Ψυχολόγων
Κύπρου

EFPA: Presidents' Council Meeting Cyprus 2018

Psychology in Cyprus

Evita Katsimicha, Vice President
Cyprus Psychologist's Association





European semester



“Psychology bridging the gap”

- The aim is to get together psychologists across Europe for interaction and exchange of scientific knowledge
- Apart from internal events our aim was to bring psychology to community, use this as an opportunity for psychologists to interact with other professions as well
- A broad spectrum of events for bringing together different specializations within psychologists' community

<https://www.cypsa.org.cy/psychology-semester/>



ES events Jul – Dec 2018

GENERAL EVENTS

23|9|18: *#BeActive week| Mountain hiking with the Hellenic Hiking Association*

3|10|18: *Seminar: What psychology can do for inclusion? SC Psychology in Education*

20-21|10|18: *Conference “Psychology & Health: Best practices in practice”*

24|10|18: *“Resilience in Children”, CyPSA students*

7|11|18: *MOU with Russian Psychological Society*

15|11|18: *Symposium in “Mental e-health treatment interventions”, TF e-health*

26|11|18: *“Inclusion of children with disabilities in education: An example and a story”, in memory of “Meropi Kapsali”*

28|11|18: *“Children and diabetes”, Pancyprian Diabetes Association*

28|11|18: *“Youth antisocial behavior in Cyprus - protective and high risk factors”*

EFPA MEETINGS

Standing Committee Psychology in education

Task Force of Psychology and health

Board of Educational affairs

EFPA's Presidents' Council meeting



Some history..



Founding CYPsA

- Non governmental, non profit entity
- 1970s
 - Need for people to familiarize themselves with profession
 - Need to better organize people with studies in psychology and create jobs
- 1980 – CyPSA is founded
 - 21 members
 - Today: over 300 members
- 1982 – Code of Ethics



Constitutional goals

- Establish the profession
- Promotion of the members' usefulness for the common good
- Development of psychological science
- Contribute to design and development of policy with the government
- Expertise and accurate information
- Safeguard members' rights and obligations
- Inform society for psychological methods and professional ethics
- Communicate with colleagues abroad
- Safeguard and promote mental health and well being of society



Activities in first three decades

- Seminars, Colloquia, Conferences – local and European/International
 - 15th Panhellenic Conference on Psychological Research (2015).
 - 19th Conference of the European Cognitive Psychology Society (2015).
 - 29th Conference of the European Health Psychology Society (2015).
- Contribute to policy making with written memos and expert's opinions regarding psychologists and psychological services to Parliamentary Committees, Ministries of Health and Education
- Inform community on profession and law
- Participate in research projects as partner
- Membership and representing Cyprus Psychologists
 - EFPA (1995) & EFPSA (2007)



Professional Psychologists' Law



ΣΥΜΒΟΥΛΙΟ
ΕΓΓΡΑΦΗΣ
ΨΥΧΟΛΟΓΩΝ
ΚΥΠΡΟΥ

- 1995, 2004 – emended in 2009:
 - Promotion and adoption of Professional Psychologists' Law
 - Regulating board for the profession: Council of Registration of Psychologists (SEPS)
- 2004: SEPS had 3 psychologists from the public sector and 4 from the private sector.
- 2007- 2010: SEPS ends its operation
 - For 3 years no applications for license to practice the profession of psychologist were examined.
- 2010 – now: the 4 members of the private sector are appointed by CYPISA and PASYPSY



Professional Psychologists' Law

- Current standards (as of 2009)
 - Bachelor's degree in Psychology
 - Postgraduate degree – Masters or Doctoral level (at least 2 years duration) in one of five areas of specialization:
 - Clinical
 - Counseling
 - School
 - I/O
 - Forensic
 - At least 1000 hours of supervised practice
- Cyprus Registration Council
 - Currently about 560 registered specialist psychologists



CYPSEA's Makeover 2016 - now



New identity

• Vision

“Our vision is to develop, safeguard, and spread Psychological Science in Cyprus.”

• Mission

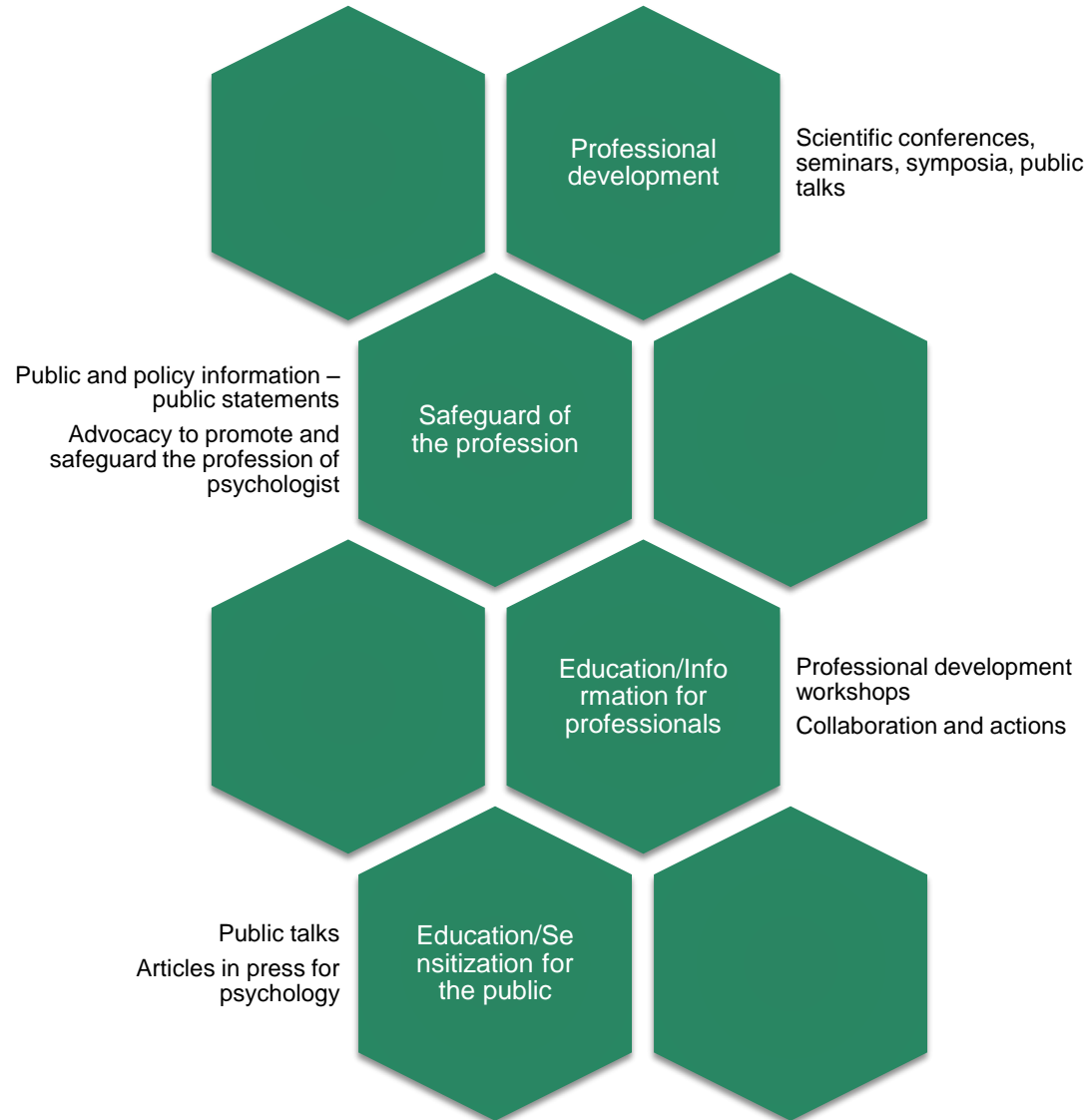
“Our mission is the development and spread of psychological scientific knowledge within academic and greater public, the education and sensitization of the public in topics pertaining to Psychology, and the promotion and safeguard of the psychologist profession.”

• Values

- Professional ethics
- Transparency
- Collaboration



Focus of action and activities





Professional development

- 08/12|16: Symposium “Clinical interventions from the Cognitive behavioral and behavioral perspective”, collaboration with ACTHealthy Lab
- 17|06|17 & 21|05|18: “Personal branding for psychologists” & “Work as a psychologist in an ethical and successful way”
- 18-17|11|2017 Seminar on “CBT couples therapy”, *Clinical and health psychology division*
- 2|12|17 “Training in play-therapy”, School psychology division
- 14|07|18 Seminar on “Neuropsychological assessment”, School psychology division
- 05|06|18 “Technological applications of the new European privacy regulation in the field of psychology”
- 20-21|10|18: *Conference “Psychology & Health: Best practices in practice”, Clinical and health psychology division*

And more...



Press releases and policy papers

“Inclusive education”

“Crisis intervention: Psychological first aid”

“Psychologists and media”

“Sexual abuse and personal data protection from psychologists”

“Schools that care, society that accepts”

“Students’ hunting license”

International theme days announcements:

World Drug Day

Mental Health Day

World Day Against Smoking

World Children's Day

Psychological First Aid in crisis situations



Quarterly Magazine

- Free to every member of CYPSEA
- Electronically
- Members and other professionals are writing articles

Ψυχοσωματική Αυτοφροντίδα:
Αναγκαίο εργαλείο για ψυχολόγους
σ. 15

Πώς οι επαγγελματίες ψυχικής
υγείας μπορούν να προσφέρουν
στους άλλους. σ. 16

Η αυτοφροντίδα των επαγγελματιών
ψυχικής υγείας
σ. 17

Διαχείριση άγχους και φοιτητές:
Πώς να διαχειριστείτε το χρόνο
σ. 18



Σύνδεσμος Ψυχολόγων
Κύπρου



ΣΥΝΔΕΣΟΥ

Τριμηνιαίο Περιοδικό
Συνδέσμου Ψυχολόγων Κύπρου

Τεύχος 3
2018



Weekly Newsletter

- All members
- Weekly newsletter for news regarding:
 - Seminars
 - Jobs opportunities
 - International conferences
 - EFPA news
- Public
 - CYPsa's Facebook page



Σύνδεσμος Ψυχολόγων
Κύπρου

CYPsa εβδομαδιαίο e-newsletter (2018-11-I).

Αγαπητά μέλη,

Με την ανανεωμένη έκδοση του περιοδικού "ΣΥΝΔΕΣΟΥ", οι εβδομαδιαίες ενημερώσεις μας αλλάζουν όνομα! Πιο κάτω έχουμε μαζέψει για εσάς ενημερώσεις, εκδηλώσεις και θέσεις εργασίας στην Κύπρο με θέμα την Ψυχολογία κατά την περίοδο Νοεμβρίου 2018, οι οποίες μπορεί να σας ενδιαφέρουν.

Εκδηλώσεις του Συνδέσμου Ψυχολόγων Κύπρου

Ο ΣΨΚ ως μέλος της [Ευρωπαϊκής Ομοσπονδίας Συνδέσμων Ψυχολόγων](#) (EFPA) σας δίνει την πρόσβαση σε νέα ευρωπαϊκής εμβέλειας.



Collaborations

Member of and social partner with:

- European Literacy Network
- Ministry of Education's National Strategy for Prevention of Violence in the Schools
- Cyprus Confederation of Organizations of the Disabled's First National Strategy for Disability 2018 – 2028 and the Second National Action Plan for Disability 2018 – 2020
- Other committees government or non

Research partner:

- “ReaDI-STANCE – Reading Difficulties Intervention: Scientific, Technological, and New Community Efforts”. Research Promotion Foundation, Cyprus (Contact number: EXCELLENCE/1216/0508)
- NeoPrismC - «NEurodevelopmental Optimal-Predictors, Risk factors, and Intervention from a Systems approach to Maladjustment in Children» - Innovative Training Network (ITN) – Marie Skłodowska-Curie (MSCA) H2020 funded



Thank you!



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